

What is Domestic Violence and Abuse?

Any incident or pattern of incidents of controlling, coercive, threatening behaviour, violence or abuse between those aged 16 or over who are or have been intimate partners or family members regardless of race, culture, religion, gender, disability or ability and sexuality.

It can include (but is not limited) to:

- > Psychological and/or emotional abuse
- > Physical abuse
- > Sexual abuse
- > Financial abuse
- > Forced marriage
- > Female Genital Mutilation
- > Honour Based Violence
- > Harassment
- > Stalking
- > Online or digital abuse



How to make a referral

We accept self-referrals or referrals from agencies, but prefer to speak to the woman herself to ensure our refuge and outreach service is suited to her needs. A full assessment is completed before admittance.

To access outreach support or supported refuge accommodation within Women's Aid Leicestershire, call the helpline on:

0330 00 210 10

To access outreach or supported refuge accommodation within Leicester city or in Leicestershire County for Black Asian Minority Ethnic Communities contact Panahgar on:

0800 055 6519

Or email us on:

referrals@hopeproject.cjsm.net

All other support services will be arranged following an assessment and entry in to the outreach and/or refuge services.



Leicester, Leicestershire & Rutland

Hope Project



A multi-agency service supporting domestic violence and abuse survivors with complex needs.

What is the Hope Project?

The Hope Project is a multi-agency service providing an all round support service for domestic violence and abuse survivors from all backgrounds who have complex and additional issues and needs such as mental health and substance misuse.

The Project will also provide a dedicated specialist services for women from Black Asian and Minority Ethnic (BAME) groups with complex needs, including risk from honour based violence & forced marriage, as well as some women with no recourse to public funds. Women from BAME backgrounds will be offered culturally sensitive outreach and accommodation run by Panahghar.

What are the services offered?

Women's Aid Leicestershire have a 9 bed Refuge offering 24/7 support with communal living. You have your own bedroom, an en-suite bathroom or communal bathroom (with your own wash basin in your room). You will share a communal kitchen, lounge, dining room and laundry.

Panahghar have 12 bed accommodations a mixture of self-contained apartments and communal units 6 in the City and 6 within the County culturally specific specialist refuge accessible for BAME women who are fleeing from domestic violence, including risk from Honour Based Violence, Forced Marriage, FGM and No Recourse to Public Funds.

Community Support Wrap-a-Round

Women, with or without children, and men will be able to access community outreach services. This service will support those who can not, or do not want to go into a refuge, or those that need support coming into the refuge and resettlement support for residents that are leaving the refuge.

The Community Support Service (wrap-a-round); once this service has been accessed detailed assessments enable service users to receive support and therapy from mental health and substance misuse specialists practitioners.

Turning Point Mental Health Service will conduct mental health assessments including assessment of risk. Following this, in collaboration with the service user - they will formulate an appropriate support plan (which may involve referral onto other MH services). This can take place at the refuge or any of the partner agency's community meeting rooms wherever the service user feels comfortable.

Turning Point Substance Misuse Service Recovery Workers will deliver 1 to 1 interventions for service users and where required group interventions. These will take place at the refuge.

New Dawn New Day will provide the Women's Emotional Management Programme — a trauma-informed group programme designed to help women to understand themselves better and develop healthier coping strategies.



Refuge Accommodation

Women, with or without children, will be able to access supported refuge accommodation. Our refuges provide safe and secure refuge accommodation to women and children who are fleeing domestic abuse, and who have reached crisis point, and are experiencing barriers to accessing services and support due to additional needs around mental health or substance misuse.

A needs and risk assessment prioritises the support needs and starts from a crisis intervention basis which then looks at all the issues women face. The Refuge accommodation is fully equipped with everything an individual would need. We can also access food banks, supply toiletries, second-hand clothing and baby equipment if needed. We ask that individuals try to bring some identification. Staff are at hand to assist and provide practical and emotional assistance.

As far as is possible, the address is kept confidential, and for that reason, we do not allow visitors. Residents must meet their friends and relatives well away from the building. We can help with setting up a meeting place.

