



Thank you for your interest in the Domestic & Sexual Violence Training Programme for April 2019 – March 2020.

Please see below, details of the courses currently on offer, including training pre-requisites and learning outcomes. Please note that lunch is NOT provided on any of the courses. For all courses held at Brite Centre, refreshments are available from the on-site cafeteria and will need to be purchased by delegates.

All courses are open to local practitioners and should be booked via DSVTeam@leicester.gov.uk. A booking form and pre-course evaluation will be required for each request before a booking is confirmed.

Please note if submitting multiple requests, separate forms are required for each course.

All our training is provided free of charge. However, candidates who have confirmed a booking and do not attend/send a representative, or give at least 48 hours-notice of cancellation, will be charged a cancellation fee of £50.00.

DOMESTIC & SEXUAL VIOLENCE TEAM

Domestic and Sexual Violence Training Programme

April 2019 – March 2020

CONTENTS:

➤ **Learning from Leicester Domestic Homicide Reviews**

Date	Time	Location
24 th September 2019	9.30 – 13.00	Town Hall, Leicester
5 th December 2019	13.00 – 16.30	Town Hall, Leicester
5 th March 2020	9.30 – 13.00	TBC

➤ **Understanding Domestic Abuse - including Stalking & Harassment**

Date	Time	Location
2 nd April 2019	10.00 – 16.00	CITY - BRITE CENTRE
3 rd July 2019	10.00 – 16.00	CITY - BRITE CENTRE
7 th November 2019	10.00 – 16.00	CITY - TOWN HALL

➤ **The Impact of Domestic Abuse on Children, Young People and Families (including parenting)**

Date	Time	Location
10 th April 2019	10.00 – 16.00	CITY - BRITE CENTRE
2 nd July 2019	10.00 – 16.00	RUTLAND CC
9 th October 2019	10.00 – 16.00	CITY – BRITE CENTRE
29 th January 2020	10.00 – 16.00	CITY – BRITE CENTRE
4 th February 2020	10.00 – 16.00	BLABY DC

➤ **Working with Men (half day)**

Date	Time	Location
5 th June 2019	9.30 – 12.30	CITY HALL
22 nd August 2019	9.30 – 12.30	COUNTY HALL
29 th January 2020	9.30 – 12.30	CITY HALL

➤ **Working with LGBT, Elderly and Disabled Victims of Domestic Abuse (covering victim & perpetrator perspective)**

Date	Time	Location
24 th July 2019	10.00 – 16.00	CITY – BRITE CENTRE
7 th August 2019	10.00 – 16.00	CITY – BRITE CENTRE
11 th March 2020	10.00 – 16.00	CITY – BRITE CENTRE

➤ **Domestic Abuse, Sexual Violence, Mental Health & Substance Misuse**

Date	Time	Location
1 st May 2019	10.00 – 16.00	CITY – BRITE CENTRE
21 st August 2019	10.00 – 16.00	MARKET HARBOROUGH
15 th October 2019	10.00 – 16.00	CITY – BRITE CENTRE
27 th January 2020	10.00 – 16.00	CITY – BRITE CENTRE
17 th March 2020	10.00 – 16.00	CITY – BRITE CENTRE

➤ **DASH Risk Assessment Training – including MARAC & DHR learning**

Date	Time	Location
15 th May 2019	10.00 – 16.00	CITY – BRITE CENTRE
1 st October 2019	10.00 – 16.00	CITY – BRITE CENTRE
9 th January 2020	10.00 – 16.00	COUNTY HALL

➤ **Domestic Violence & Sexual Violence within BME communities – including Honour Based Violence, Forced Marriage & FGM**

Date	Time	Location
10 th September 2019	10.00 – 16.00	CITY – BRITE CENTRE
20 th November 2019	10.00 – 16.00	COUNTY HALL
12 th February 2020	10.00 – 16.00	CITY – BRITE CENTRE

➤ **Domestic Abuse & Sexual Violence in Teen Relationships – including those using violence in Intimate Partner Relationships (IPR) and Adolescent to Parent Violence (APV)**

Date	Time	Location
5 th June 2019	10.00 – 16.00	CITY – BRITE CENTRE
3 rd December 2019	10.00 – 16.00	RUTLAND CC

➤ **Sexual Violence Awareness Training**

Date	Time	Location
6 th June 2019	10.00 – 16.00	CITY – BRITE CENTRE
18 th September 2019	10.00 – 16.00	COUNTY HALL
16 th January 2020	10.00 – 16.00	CITY – BRITE CENTRE

➤ **Working with DV Perpetrators – including understanding dual perpetration in Intimate Partner Relationships**

Date	Time	Location
1 st May 2019	10.00 – 16.00	CITY HALL
11 th July 2019	10.00 – 16.00	CITY – BRITE CENTRE
7 th November 2019	10.00 – 16.00	CITY – BRITE CENTRE
4 th March 2020	10.00 – 16.00	COUNTY HALL

➤ **Coercive Control, including victim blaming**

Date	Time	Location
24 th April 2019	10.00 – 16.00	CITY – BRITE CENTRE
29 th May 2019	10.00 – 16.00	CITY – BRITE CENTRE
4 th September 2019	10.00 – 16.00	CITY – BRITE CENTRE
9 th December 2019	10.00 – 16.00	CITY – BRITE CENTRE
5 th February 2020	10.00 – 16.00	CITY – BRITE CENTRE

➤ **DV/SV Local Service Offer – 1-hour lunchtime briefings**

Date	Time	Location
17 th April 2019	12.30 – 13.30	CITY HALL
19 th June 2019	12.30 – 13.30	CITY HALL
16 th October 2019	12.30 – 13.30	CITY HALL
19 th February 2020	12.30 – 13.30	CITY – TBC

Course Title	Learning from Leicester Domestic Homicide Reviews (Half day)	
Target participants	This half-day course is suitable for frontline professionals and managers from all disciplines. The course will be of interest to those who work with individuals affected by domestic homicides locally, and particularly those in: <ul style="list-style-type: none"> • Adult or Children’s safeguarding • Social Work • Housing • Health • Alcohol or drug services • Local advice and support agencies 	
Training Pre-requisites	An understanding of domestic violence and abuse is required.	
To be held	24 th September 2019	Town Hall, Leicester
	5 th December 2019	Town Hall, Leicester
	5 th March 2020	TBC
Learning Outcomes	<ul style="list-style-type: none"> • To understand the purposes and processes of a Domestic Homicide Review (DHR) • To understand the findings from the analyses of Domestic Homicides, locally and nationally. • To understand the experiences of those who have been victim of Domestic Homicide in Leicester, and their families. • To have considered how to apply local and national DHR learning within your own role and organisation. 	

Course Title	Understanding Domestic Abuse, including Stalking & Harassment (1 day)	
Target participants	This training provides basic awareness of the issues around domestic violence and abuse. The course will look at the links between domestic abuse and stalking and harassment. It gives an overview of the impact and how to recognise signs. Suitable for all professionals working with adults or children	
Training Pre-requisites	None	
To be held	2 nd April 2019	CITY - BRITE CENTRE
	3 rd July 2019	CITY – BRITE CENTRE
	7 th November 2019	LEICESTER TOWN HALL
Learning Outcomes	<p>To understand better, what domestic violence is, and the current definition used in the UK</p> <ul style="list-style-type: none"> • Be able to define Domestic Abuse as physical violence, sexual violence, psychological or emotional abuse, financial or economic abuse, coercive control. • Be able to appreciate the physical, psychological and physiological impact of domestic abuse on those who experience it and how it affects their behaviours and choices • Be able to clearly understand that Domestic Abuse is targeted, look out for early signs of it, and learn that there are no excuses for perpetrating abuse • Understand the main issues of providing a sensitive and appropriate service to a victim, children and young people experiencing domestic abuse • Understand how abusers will misuse any power and control over a victim – using the Duluth Power & Control Wheel • To identify and increase understanding of stalking and harassment • To identify and increase understanding of the impact that stalking and harassment has on victims of domestic abuse • To identify and increase understanding of the law in relation to stalking and harassment • To identify and increase awareness of the support available to victims of stalking and harassment 	

Course Title	The Impact of Domestic Abuse on Children, Young People and Families, including parenting (1 day)	
Target participants	This one-day course is suitable for frontline professionals who encounter young people who may have been victims of, or witnessed, domestic abuse, in their day to day work. Or those who come into contact with parents or whole families affected by abuse. The course will be of interest to those who work in children's safeguarding, education, youth services and health	
Training Pre-requisites	Understanding Domestic Abuse training or relevant experience	
To be held	10 th April 2019	CITY - BRITE CENTRE
	2 nd July 2019	RUTLAND CC
	9 th October 2019	CITY – BRITE CENTRE
	29 th January 2020	CITY – BRITE CENTRE
	4 th February 2020	BLABY DC
Learning Outcomes	<ul style="list-style-type: none"> ● To identify and increase understanding of the short-term effects of domestic violence on children, young people and families ● To identify and increase understanding of the long-term effects of domestic violence on children, young people & families ● To increase understanding of how a perpetrator uses children to control their victim and how this can affect the victim's parenting abilities ● To increase understanding of the dynamics of abusive relationships between young people 	

Course Title	Working with Men (1/2 day)	
Target participants	This half day course is suitable for frontline professionals who encounter victims of domestic abuse in their day to day work. The course will be of interest to those who work in adult safeguarding, housing, health, social work, citizen's advice or local Victim Support.	
Training Pre-requisites	Understanding Domestic Abuse training or relevant experience	
To be held	5 th June 2019	CITY HALL
	22 nd August 2019	COUNTY HALL
	29 th January 2020	CITY HALL
Learning Outcomes	<ul style="list-style-type: none"> • To identify and increase understanding of the impact that domestic abuse has on male victims • To identify and increase understanding around the specific risks and barriers to a male victim when faced with domestic abuse • To identify and increase understanding of the short & long-term effects of domestic abuse on male victims • To identify and increase awareness of the support available to male victims 	

Course Title	Working with LGBT, Elderly or Disabled Victims of Domestic Abuse – Victims & Perpetrators (1 day)	
Target participants	This one-day course is suitable for frontline professionals who encounter victims of domestic abuse in their day to day work. The course will be of interest to those who work in adult safeguarding, health, LGBT support groups, citizen's advice or local Victim Support	
Training Pre-requisites	Understanding Domestic Abuse training or relevant experience	
To be held	24 th July 2019	CITY – BRITE CENTRE
	7 th August 2019	CITY – BRITE CENTRE
	11 th March 2020	CITY – BRITE CENTRE
Learning Outcomes	<ul style="list-style-type: none"> • To identify and increase understanding of the impact that domestic abuse has in LGBT communities • To identify and increase understanding of the impact that domestic abuse has on elderly victims • To identify and increase understanding of the impact that domestic abuse has on disabled victims • To identify and increase understanding around the specific risks & barriers to LGBT, elderly and disabled victims when faced with domestic abuse • To identify and increase understanding of the short and long-term effects of domestic abuse on LGBT, elderly and disabled victims. • To identify and increase awareness of the support available to victims from the LGBT community, services for the elderly and provisions for individuals with disabilities • Identifying perspectives of both victim and perpetrator 	

Course Title	Domestic Abuse, Sexual Violence and Mental Health & Substance Misuse (1 day)	
Target participants	This one-day course is suitable for frontline professionals who come into contact with victims of domestic abuse or sexual violence in their day to day work. The course will be of interest to those who work in adult safeguarding, social work, housing, health, citizen's advice or local Victim Support	
Training Pre-requisites	Understanding Domestic Abuse training or relevant experience	
To be held	1 st May 2019	CITY – BRITE CENTRE
	21 st August 2019	MARKET HARBOROUGH
	15 th October 2019	CITY – BRITE CENTRE
	27 th January 2020	CITY – BRITE CENTRE
	17 th March 2020	CITY – BRITE CENTRE
Learning Outcomes	<ul style="list-style-type: none"> • To identify and increase understanding of the impact that domestic abuse has on mental health • To identify and increase understanding of the impact that domestic abuse has on clients with substance misuse issues • To identify and increase understanding of the impact of sexual violence on victims of abuse • To identify and increase understanding of the barriers a victim has, when faced with these issues. • To identify and increase understanding of the short and long-term effects of domestic violence on mental health. 	

Course Title	DASH Risk Assessment Training – including MARAC & DHR learning (1 day)	
Target participants	This one-day course is suitable for frontline professionals who come into contact with victims of domestic abuse in their day to day work. The course will be of interest to those who work in children’s or adult’s safeguarding, education, housing, health, alcohol or drug services, citizen’s advice, or local Victim Support	
Training Pre-requisites	Understanding Domestic Abuse training or relevant experience	
To be held	15 th May 2019	CITY – BRITE CENTRE
	1 st October 2019	CITY – BRITE CENTRE
	9 th January 2020	COUNTY HALL
Learning Outcomes	<p>This course enables delegates to build confidence and develop essential skills to:</p> <ul style="list-style-type: none"> • Recognise and respond to the signs of domestic abuse • Understand the barriers faced when ‘asking the question’ and managing a response to a disclosure • Identify a victim’s level of risk using the DASH risk checklist • Gain an understanding of what MARAC is • Refer a victim to a specialist domestic violence service or MARAC so that they can receive the right support • Gain an understanding of what a DHR is and the purpose of completing one • On completion of the course, delegates will be able to <ul style="list-style-type: none"> a) Recognise and understand the signs of domestic abuse. b) Develop the confidence and practical skills needed to appropriately respond to victims of domestic abuse c) Learn how to refer domestic abuse victims to the most relevant local services d) Understand the MARAC process e) Understand the relevance of DHR’s 	

Course Title	Domestic Violence and Sexual Violence within BME Communities, including Honour Based Violence, Forced Marriage and FGM (1 day)	
Target participants	This one-day training increases an understanding of the dynamics of abusive relationships between victims within BME communities. It looks at cultural or community factors and gives an understanding of barriers to disclosure and an increased awareness and understanding of Forced Marriage, Honour Based Violence and Female Genital Mutilation. The course will be of interest to those who work in adult and children's safeguarding, education, health, community leaders, citizen's advice or local victim support.	
Training Pre-requisites	Understanding Domestic Abuse training or relevant experience	
To be held	10 th September 2019	CITY – BRITE CENTRE
	20 th November 2019	COUNTY HALL
	12 th February 2020	CITY – BRITE CENTRE
Learning Outcomes	<ul style="list-style-type: none"> • To identify and increase understanding of domestic abuse in BME communities • Identify and increase understanding of risks in relation to Honour Based Violence and Forced Marriage • Increase awareness of the impact and prevalence of FGM and reporting requirements. • To identify barriers to accessing support • To increase understanding of how to protect victims of domestic abuse from BME communities 	

Course Title	Domestic Abuse & Sexual Violence in Teen Relationships – including those using violence in IPR/APV (1 day)	
Target participants	This one-day course is suitable for frontline professionals who come into contact with young people in their day to day work. It aims to increase understanding of the effect of abuse or violence in young relationships and how to identify signs, including abusive relationships between adolescents and their parents. The course will be of interest to those who work in children’s safeguarding, adult safeguarding, social work, citizen’s advice, education, youth services, Victim Support and health.	
Training Pre-requisites	Understanding Domestic Abuse training or relevant experience	
To be held	5 th June 2019	CITY – BRITE CENTRE
	3 rd December 2019	RUTLAND CC
Learning Outcomes	<ul style="list-style-type: none"> • To identify and increase understanding of the impact that domestic abuse and sexual violence has on young people’s relationships, including the use of violence towards parents. • To identify and increase understanding of the barriers a young person and their parents have, when faced with these issues. • To identify and increase understanding of the short and long-term effects of domestic and sexual violence on young people and their parents. 	

Course Title	Sexual Violence Awareness Training (1 day)	
Target participants	This one-day sexual violence awareness training aims to increase participants understanding on how to identify and respond appropriately to victims and survivors of rape, sexual assault and abuse	
Training Pre-requisites	Understanding Domestic Abuse training or relevant experience	
To be held	6 th June 2019	CITY – BRITE CENTRE
	18 th September 2019	COUNTY HALL
	16 th January 2020	CITY – BRITE CENTRE
Learning Outcomes	<ul style="list-style-type: none"> • To develop an awareness of the dynamics and magnitude of rape, sexual assault and a brief insight into rape trauma syndrome • To recognise the myths and realities faced by victims and survivors of serious sexual assaults • To be able to recognise the reactions to rape and sexual assault • To recognise and understand some of the challenges and barriers faced by some groups of survivors • Develop confidence and skills when dealing with disclosures of rape, sexual assault and abuse • Have an awareness and knowledge of local and national support services 	

Course Title	Working with DV Perpetrators – including understanding dual perpetration in IPR (1 day)	
Target participants	This training is suitable for professionals who through their work, need to have an understanding of how to effectively engage DV perpetrators in changing their behaviour, such as social workers, health visitors, family support workers and those that work in the criminal justice system.	
Training Pre-requisites	Participants should be working currently with families/couples where DV is prevalent and have already attended Understanding Domestic Abuse and/or DASH risk assessment training	
To be held	1 st May 2019	CITY HALL
	11 th July 2019	CITY – BRITE CENTRE
	7 th November 2019	CITY – BRITE CENTRE
	4 th March 2020	COUNTY HALL
Learning Outcomes	<p>Participants will be able to:</p> <ul style="list-style-type: none"> • Identify eligible/suitable clients for a perpetrator programme and be able to make a referral to the Jenkins Centre. • Understand how the Jenkins Centre fits within the wider provision of DV/SV services. • Understand how perpetrators use power and control in abusive relationships • Be able to identify what is commonly mistaken for a mutually abusive relationship • Understand what constitutes a mutually abusive relationship • Increase participants understanding of the variations of violence and abuse in intimate partner relationships such as primary perpetration, dual perpetration and victims who use violence • Develop skills in effective questioning and interviewing techniques for perpetrators of DV • Know and develop ways of responding to perpetrators in the best interests of victim/child safety • Understand which factors contribute to increased risk for victims and children 	

Course Title	Coercive Control, including victim blaming (1 day)	
Target participants	This one-day course is suitable for frontline professionals who come into contact with victims experiencing domestic abuse and/or sexual violence in their day to day work. It aims to increase understanding of coercive control and how to identify signs. The course will be of interest to professionals that would like to understand coercive control, what the new legislation is about and how to improve practice when supporting victims experiencing this type of abuse	
Training Pre-requisites	Understanding Domestic Abuse training or relevant experience	
To be held	24 th April 2019	CITY – BRITE CENTRE
	29 th May 2019	CITY – BRITE CENTRE
	4 th September 2019	CITY – BRITE CENTRE
	9 th December 2019	CITY – BRITE CENTRE
	5 th February 2020	CITY – BRITE CENTRE
Learning Outcomes	<p>Participants will be able to:</p> <ul style="list-style-type: none"> • Identify and increase understanding of coercive control where there is domestic abuse and/or sexual violence • Identify what victim blaming is and its' effects on victims. • To identify and increase understanding around the definition of coercive control and new legislation • To identify and increase understanding of the short & long-term effects of coercive control within an abusive relationship • To improve practice when responding to the needs of victims experiencing coercive control where domestic and/or sexual abuse has been identified 	

Course Title	DV/SV Local Service Offer (1-hour lunchtime briefings)	
Target participants	This lunchtime briefing is suitable for anyone who wants to increase their knowledge about the broad range of domestic and sexual violence services that exist across Leicester, Leicestershire and Rutland to victims/survivors, children, perpetrators and professionals. The session will focus on referral routes in to UAVA, how to complete a referral, how services aim to meet the needs of whole families and what practical tools practitioners can use to protect and support victims of DV/SV such as Domestic Violence Protection Orders and the use of disclosure schemes such as Clare's Law.	
Training Pre-requisites	None. This course is aimed at all professionals who want to increase their knowledge about UAVA services.	
To be held	17 th April 2019	CITY HALL
	19 th June 2019	CITY HALL
	16 th October 2019	CITY HALL
	19 th February 2020	CITY - TBC
Learning Outcomes	<p>Participants will have:</p> <ul style="list-style-type: none"> • Increased knowledge and understanding around the range of UAVA DV/SV services • Improved understanding on the referral routes and key information needed for a referral • Improved awareness on the range of tools available to protect victims/survivors of DV/SV 	

