

External Training Programme 2017 – 2018

Training packages

Understanding Domestic Abuse (1 day)

Participants: This training provides basic awareness of the issues around domestic violence and abuse. It gives an overview of the impact and how to recognise signs. Suitable for all professionals working with Adults or Children.

Training Pre requisites: None

Learning outcomes

To understand better what domestic violence is and the current definition used in the UK

1. Be able to define Domestic Abuse as Physical violence, Sexual violence, Psychological or Emotional abuse, Financial or Economic abuse, Coercive control, Stalking and Harassment.
2. Be able to appreciate the physical, psychological & Physiological impact of domestic abuse on those who experience it and how it affects their behaviours and choices.
3. Be able to clearly understand that Domestic Abuse is targeted, look out for early signs of it, and learn that there are no excuses for perpetrating Abuse.
4. Understand the main issues of providing a sensitive and appropriate service to a victim, children and young people experiencing domestic abuse.
5. Understand how abusers will misuse any Power & control over a victim - using the Duluth Power & Control Wheel.

The Impact of Domestic Abuse on Children, Young People and Families (1 Day)

Participants: This one day course is suitable for frontline professionals who come in to contact with young people who may have been victims of, or witnessed, domestic abuse, in their day-to-day work. Or those who come into contact with parents or whole families affected by abuse. The course will be of particular interest to those who work in children's safeguarding, education, youth services and health.

Training Prerequisites: Understanding Domestic Abuse training, or relevant experience.

Learning Outcomes:

1. To identify and increase understanding of the short term effects of domestic violence on children, young people and families.
2. To identify and increase understanding of the long term effects of domestic violence on children, young people and families.
3. To increase understanding of how a perpetrator uses children to control their victim and how this can affect the victim's parenting abilities.
4. To increase understanding of the dynamics of abusive relationships between young people.

Working with Male Victims of Domestic Abuse (1/2 Day)

Participants: This half day course is suitable for frontline professionals who come into contact with victims of domestic abuse in their day-to-day work. The course will be of particular interest to those who work in adult's safeguarding, housing, health, social work, citizen's advice, or local Victim Support.

Training Prerequisites: Understanding Domestic Abuse training, or relevant experience.

Learning Outcomes:

1. To identify and increase understanding of the impact that domestic abuse has on male victims.
2. To identify and increase understanding around the specific risks & barriers to a male victim when faced with domestic abuse.
3. To identify and increase understanding of the short & long term effects of domestic abuse on male victims.
4. To identify and increase awareness of the support available to male victims.

Working with LGBT Victims of Domestic Abuse (1/2 Day)

Participants: This half day course is suitable for frontline professionals who come into contact with victims of domestic abuse in their day-to-day work. The course will be of particular interest to those who work in adult's safeguarding, health, LGBT support groups, citizen's advice, or local Victim Support.

Training Prerequisites: Understanding Domestic Abuse, or relevant experience.

Learning Outcomes:

1. To identify and increase understanding of the impact that domestic abuse has in LGBT communities.
2. To identify and increase understanding around the specific risks & barriers to victim from the LGBT community when faced with domestic abuse.
3. To identify and increase understanding of the short & long term effects of domestic abuse on victims from the LGBT community.
4. To identify & increase awareness of the support available to victims from the LGBT community

Working with Elderly Victims of Domestic Abuse (1/2 Day)

Participants: This half day course is suitable for frontline professionals who come into contact with victims of domestic abuse in their day-to-day work. The course will be of particular interest to those who work in adult's safeguarding, housing, health, social work, elderly support groups, citizen's advice, or local Victim Support.

Training Prerequisites: Understanding Domestic Abuse training, or relevant experience.

Learning Outcomes:

1. To identify and increase understanding of Elder Abuse.
2. To identify and increase understanding of the short & long term effects of domestic violence on Elder Victims.

3. Look at the specific risks & barriers a victim may have when dealing with this type of abuse.

Working with Disabled Victims of Domestic Abuse (1/2 Day)

Participants: This half day course is suitable for frontline professionals who come into contact with victims of domestic abuse in their day-to-day work. The course will be of particular interest to those who work in adult's safeguarding, social work, housing, health, citizen's advice, or local Victim Support.

Training Prerequisites: Understanding Domestic Abuse training, or relevant experience.

Learning Outcomes:

1. To identify and increase understanding of disabled victims of abuse.
2. To identify and increase understanding of the short & long term effects of domestic violence on disabled victims.
3. Look at the specific risks & barriers a victim may have when dealing with this type of abuse.

Domestic Abuse, Sexual Violence and Mental Health (1 Day)

Participants: This one day course is suitable for frontline professionals who come into contact with victims of domestic abuse in their day-to-day work. The course will be of particular interest to those who work in adult's safeguarding, social work, housing, health, citizen's advice, or local Victim Support.

Training Prerequisites: Understanding Domestic Abuse training, or relevant experience.

Learning Outcomes:

1. To identify and increase understanding of the impact that domestic abuse has on mental health.
2. To identify and increase understanding the barriers a victim has when faced with these issues.
3. To identify and increase understanding of the short & long term effects of domestic violence on mental health.

Domestic Abuse and Substance Mis-use (1 Day)

Participants: This one day course is suitable for frontline professionals who come into contact with victims of domestic abuse in their day-to-day work. The course will be of particular interest to those who work in adult's safeguarding, housing, health, alcohol or drug services, citizen's advice, or local Victim Support.

Training Prerequisites: Understanding Domestic Abuse training, or relevant experience.

Learning Outcomes:

1. To identify and increase understanding of the impact that domestic abuse has on clients with substance misuse issues.
2. To identify and increase understanding the barriers a victim has when faced with these issues.
3. To identify and increase understanding of the short & long term effects of domestic violence on clients with substance misuse issues.

DASH Risk Assessment Training (1 day)

Participants: This one day course is suitable for frontline professionals who come into contact with victims of domestic abuse in their day-to-day work. The course will be of particular interest to those who work in children's or adult's safeguarding, education, housing, health, alcohol or drug services, citizen's advice, or local Victim Support.

Training Prerequisites: Understanding Domestic Abuse training, or relevant experience.

Learning Outcomes:

This course enables delegates to build confidence and develop essential skills to:

1. Recognise and respond to the signs of domestic abuse.
2. Understand the barriers faced when 'asking the question' and managing response to a disclosure.
3. Identify a victim's level of risk using the Dash risk checklist.
4. Refer a victim to a specialist domestic violence service or Marac so that they can receive the right support.
5. On completion of the course delegates will be able to:
 - a. Recognise and understand the signs of domestic abuse.
 - b. Develop the confidence and practical skills needed to appropriately respond to victims of domestic abuse.
 - c. Learn how to refer domestic abuse victims to the most relevant local services.

Young Peoples' DASH Risk Assessment Training (1 day)

Participants: This one day course is suitable for frontline professionals who come in to contact with young people who may have been victims of domestic abuse in their day-to-day work. The course will be of particular interest to those who work in children's safeguarding, education, youth services and health.

Training Prerequisites: Understanding Domestic Abuse training, or relevant experience.

Learning Outcomes:

This course enables delegates to build confidence and develop essential skills to:

1. Recognise and respond to the signs of domestic abuse with young people.
2. Understand the barriers faced when 'asking the question' and managing response to a disclosure.
3. Identify a victim's level of risk using the YP Dash Risk checklist.
4. Refer a victim to a specialist domestic violence service or MARAC so that they can receive the right support.
5. On completion of the course delegates will be able to:
 - a. Recognise and understand the signs of domestic abuse.
 - b. Develop the confidence and practical skills needed to appropriately respond to victims of domestic abuse.
 - c. Learn how to refer domestic abuse victims to the most relevant local services.

Honour-Based Violence, Forced Marriage and FGM (1 Day)

Participants: This one day training increases an understanding of the dynamics of abusive relationships between victims of honour based violence, forced marriage and their families. The course will be of particular interest to those who work in adult's safeguarding, education, health, citizen's advice, or local Victim Support.

Training Prerequisites: Understanding Domestic Abuse training, or relevant experience.

Learning Outcomes:

1. To identify and increase understanding of Honour Based Violence.
2. To identify and increase understanding of Forced Marriage.
3. To increase understanding of how to protect victims of Honour based violence, Forced Marriage & victims that have no recourse to public funds.
4. To understand the mandatory reporting requirements

Child on Parent Abuse (1 day)

Participants: This one day training increases an understanding of the dynamics of abusive relationships between children and their parents. It looks at identifying adults at risk and barriers to disclosure. The course will be of particular interest to those who work in adult's safeguarding, social work, health, citizen's advice, or local Victim Support.

Training Prerequisites: Understanding Domestic Abuse training, or relevant experience.

Learning Outcomes:

1. To increase the understanding of why children and young people use violence towards their parents.
2. To increase the understanding of children's and young people's use of violence.
3. To increase the understanding of how domestic violence can impact on the parent/carer when a child has perpetrated violence against them.
4. Look at the specific risks & barriers a victim may have when dealing with this type of abuse.
5. To increase the understanding of the types of interventions for children using violence.

Domestic Abuse & Sexual Violence in Teen Relationships (1 day)

Participants: This one day course is suitable for frontline professionals who come in to contact with young people in their day-to-day work. It aims to increase understanding of the effect of abuse or violence in young relationships and how to identify signs. The course will be of particular interest to those who work in children's safeguarding, education, youth services and health.

Training Prerequisites: Understanding Domestic Abuse training, or relevant experience.

Learning Outcomes:

1. To identify and increase understanding of the impact that domestic abuse and sexual violence has on young people's relationships.
2. To identify and increase understanding the barriers a young person has when faced with these issues.
3. To identify and increase understanding of the short & long term effects of domestic and sexual violence on young people.

Sexual Violence Awareness Training (1 day)

Participants: This one-day sexual violence awareness training aims to increase participants understanding on how to identify and respond appropriately to victims and survivors of rape, sexual assault and abuse.

Training Prerequisites: Understanding Domestic Abuse training, or relevant experience.

Learning Outcomes:

1. To develop an awareness of the dynamics and magnitude of rape, sexual assault and a brief insight into rape trauma syndrome.
2. To recognize the myths and realities faced by victims and survivors of serious sexual assaults.
3. To be able to recognize the reactions to rape and sexual assault.
4. To recognize and understand some of the challenges and barriers faced by some groups of survivors.
5. Develop confidence and skills when dealing with disclosures of rape, sexual assault and abuse.
6. Have an awareness and knowledge of local and national support services.

Domestic Violence within BME communities (1 day)

Participants: This one day training increases an understanding of the dynamics of abusive relationships between victims within BME communities. It looks at cultural or community factors and gives an understanding of barriers to disclosure. The course will be of particular interest to those who work in adult's safeguarding, education, health, citizen's advice, or local Victim Support.

Training Prerequisites: Understanding Domestic Abuse training, or relevant experience.

Learning Outcomes:

1. To identify and increase understanding of domestic abuse in the BME communities.
2. To identify and increase barriers to accessing support.
3. To increase understanding of how to protect victims of domestic abuse from BME communities.

Suicide and Self-harm (1 day)

Participants: This one day course is suitable for frontline professionals who come into contact with victims of domestic abuse in their day-to-day work. It looks at the links between domestic abuse and sexual violence with suicide and self-harm and how to identify signs and risks. The course will be of particular interest to those who work in adult's safeguarding, health, alcohol or drug services, citizen's advice, or local Victim Support.

Training Prerequisites: none

Learning Outcomes:

1. To increase understanding of suicide and self-harm.
2. To increase understanding of the links between suicide, self harm, domestic abuse and sexual

violence.

3. Identifying warning signs and risk factors.
4. Support options and how to access.

Stalking and Harassment (1 Day)

Participants: This one day course is suitable for frontline professionals who come into contact with victims of domestic abuse in their day-to-day work. It looks at the links between domestic abuse and sexual violence with suicide and self-harm and how to identify signs and risks. The course will be of particular interest to those who work in adult's safeguarding, health, alcohol or drug services, citizen's advice, or local Victim Support.

Training Prerequisites: Understanding Domestic Abuse training, or relevant experience.

Learning Outcomes:

1. To identify and increase understanding of stalking and harassment.
2. To identify and increase understanding of the impact that stalking and harassment has on victims of domestic abuse.
3. To identify and increase understanding of the law in relation to stalking and harassment.
4. To identify & increase awareness of the support available to victims of stalking and harassment.

Introduction to working with perpetrators (1 day)

Participants: This training is suitable for professionals who through their work need to have an understanding of how to effectively engage DV perpetrators in changing their behaviour such as social workers, health visitors, family support workers and those that work in the criminal justice system.

Training Pre-Requisites: Participants should be working currently with families /couples where DV is prevalent and have already attended Basic Awareness in DV and/ or DASH RIC training.

Learning Outcomes:

Participants will be able to :

1. Identify eligible/suitable clients for a perpetrator programme and be able to make a referral to the Jenkins Centre.
2. Understand how the Jenkins Centre fits within the wider provision of DV/SV services.
3. Understand how perpetrators use power and control in abusive relationships.
4. Develop skills in effective questioning and interviewing techniques for perpetrators of DV.
5. Know and develop ways of responding to perpetrators in the best interests of victim/child safety.
6. Understand which factors contribute to increased risk for victims and children.

Domestic Violence, Sexual Violence & Housing Issues (1 day)

Participants: This one day course is suitable for frontline professionals that come into contact with victims of domestic and/or sexual abuse in their day to day work. The course will be of particular interest to those who work in adult's safeguarding, social work, alcohol or drug services, citizen's advice, or local Victim Support.

Training Pre-Requisites: Understanding Domestic Abuse training, or relevant experience.

Learning Outcomes:

Participants will be able to :

1. To look at the housing options for victims of domestic abuse and/or sexual violence.
2. To identify barriers and risks faced by victims of domestic abuse and/or sexual violence with housing.
3. To outline what support is available for victims of domestic abuse and/or sexual violence with housing.

Coercive Control (1/2 day)

Participants: This one day course is suitable for frontline professionals who come in to contact with victims experiencing domestic abuse and/or sexual violence in their day-to-day work. It aims to increase understanding of coercive control and how to identify signs. The course will be of particular interest to professionals that would like to understand coercive control, what the new legislation is about and how to improve practice when supporting victims experiencing this type of abuse.

Training Pre-Requisites: Understanding Domestic Abuse training, or relevant training or experience.

Learning Outcomes:

1. To identify and increase understanding of coercive control where there is domestic abuse and/or sexual violence.
2. To identify and increase understanding around the definition of coercive control and new legislation.
3. To identify and increase understanding of the short & long term effects of coercive control within an abusive relationship.
4. To improve practice when responding to the needs of victims experiencing coercive control where domestic and/or sexual abuse has been identified.